

UZZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 08:00 until 08:50. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M FREESTYLE MEN 11+

Heat:5, starttime: 09:08

Heat: 5/9 Lane : 8 Athlete: IMBERT OTIS

Q-time: 01:05:67

PB (25m pool): 01:06.43 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:05.67 SB: 01:06.43 Stedelijk Zwembad Geel 15/02/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.61		01:06.43	
		00:31.61		00:34.82	
					

Coach feedback:

Event number: 2: 100M BACKSTROKE WOMEN 11+

Heat:2, starttime: 09:19

Heat: 2/7 Lane : 6 Athlete: LACROIX MERIN

Q-time: 01:32:78

PB (25m pool): 01:32.78 Kapellen 21/12/2025 PB (50m pool): 01:36.02 SB: 01:32.78 Kapellen 21/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.28		01:32.78	
		00:46.28		00:46.50	
					

Coach feedback:

Event number: 2: 100M BACKSTROKE WOMEN 11+

Heat:3, starttime: 09:21

Heat: 3/7 Lane : 8 Athlete: MAESEN AMÉLIE

Q-time: 01:29:49

PB (25m pool): 01:30.59 Kapellen 21/12/2025 PB (50m pool): 01:29.49 SB: 01:30.59 Kapellen 21/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.91		01:30.59	
		00:43.91		00:46.68	
					

Coach feedback:

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Event number: 2: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 09:24
Heat: 4/7 Lane : 8 Athlete: DE WIT FLORE					Q-time: 01:23:80
PB (25m pool): 01:23.80 Temse 17/11/2025					PB (50m pool): 01:24.40 SB: 01:23.80 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.41		01:23.80	
	00:41.41		00:42.39		
					

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:2, starttime: 09:37	
Heat: 2/5 Lane : 6 Athlete: BOGAERS LEON							Q-time: 03:10:50	
PB (25m pool): 03:10.50 Parklaan 58, Turnhout 29/03/2026				PB (50m pool): no time SB: 03:10.50		Parklaan 58, Turnhout 29/03/2026		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.78		no time		no time		03:10.50
	00:43.78							
								

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:2, starttime: 09:37	
Heat: 2/5 Lane : 7 Athlete: EGGERMONT OLIVER							Q-time: 03:17:71	
PB (25m pool): 03:17.71 Parklaan 58, Turnhout 29/03/2026				PB (50m pool): no time SB: 03:17.71		Parklaan 58, Turnhout 29/03/2026		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.97		no time		no time		03:17.71
	00:45.97							
								

Coach feedback:

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 10:00	
Heat: 3/3 Lane : 8 Athlete: VANDENVEN SAAR							Q-time: 03:13:50	
PB (25m pool): 03:13.50 Parklaan 58, Turnhout 29/03/2026				PB (50m pool): no time SB: 03:13.50		Parklaan 58, Turnhout 29/03/2026		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.35		01:34.17		no time		03:13.50
	00:44.35		00:49.82					
								

Coach feedback:

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Event number: 6: 50M BUTTERFLY MEN 11+							Heat:3, starttime: 10:18		
Heat: 3/5 Lane : 6 Athlete: LENAERTS JOPPE							Q-time: 00:35:99		
PB (25m pool): 00:35.99 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:36.78 SB: 00:35.99 Stedelijk Zwembad Geel 15/02/2026									
	2 5 M		5 0 M						
PB			00:35.99						
	00:35.99								
									

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11+							Heat:4, starttime: 10:19		
Heat: 4/5 Lane : 8 Athlete: IMBERT OTIS							Q-time: 00:32:20		
PB (25m pool): 00:32.98 Stedelijk Zwembad Geel 15/02/2026							PB (50m pool): 00:32.20 SB: 00:32.98 Stedelijk Zwembad Geel 15/02/2026		
	2 5 M		5 0 M						
PB			00:32.98						
	00:32.98								
									

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 10:32	
Heat: 1/7 Lane : 1 Athlete: LACROIX MERIN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

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Event number: 7: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 10:32	
Heat: 1/7 Lane : 3 Athlete: BOLSIUS CAROLINE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 10:32	
Heat: 1/7 Lane : 4 Athlete: BLOCK OLIVIA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 10:32	
Heat: 1/7 Lane : 5 Athlete: BRAEKMANS ELLA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time		no time			no time		no time
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
	no time		no time			no time		no time
								

Coach feedback:

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Event number: 7: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 10:32	
Heat: 1/7 Lane : 6 Athlete: JANSEN RENÉE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 10:32	
Heat: 1/7 Lane : 7 Athlete: MAESEN AMÉLIE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 10:32	
Heat: 1/7 Lane : 8 Athlete: HERMANS MORI							Q-time: 99:99:99	
PB (25m pool): 06:58.89 Kapellen 22/12/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:38.81		no time		03:24.56
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:58.89
								

Coach feedback:

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Event number: 7: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 10:55	
Heat: 4/7 Lane : 5 Athlete: DE WIT FLORE							Q-time: 05:47:28	
PB (25m pool): 05:47.28 Kapellen 01/06/2025				PB (50m pool): 06:24.26 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:22.63		no time		02:51.43
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:47.28
								

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 11:24	
Heat: 3/5 Lane : 7 Athlete: LENAERTS JOPPE					Q-time: 01:28:58	
PB (25m pool): 01:28.58 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:28.72 SB: 01:28.58 Stedelijk Zwembad Geel 15/02/2026						
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:41.68		01:28.58		
	00:41.68		00:46.90			
						

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 11:31	
Heat: 1/4 Lane : 5 Athlete: VANDENVEN SAAR					Q-time: 01:33:19	
PB (25m pool): 01:33.19 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): 01:38.89SB: 01:33.19 Stedelijk Zwembad Geel 15/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:40.57		01:33.19		
	00:40.57		00:52.62			
						

Coach feedback:

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Event number: 10: 200M BACKSTROKE MEN 11+							Heat:1, starttime: 11:39	
Heat: 1/4 Lane : 4 Athlete: BOGAERS LEON							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:1, starttime: 11:39	
Heat: 1/4 Lane : 5 Athlete: EGGERMONT OLIVER							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 12: 4x50M MEDLEY MIXED 11+							Heat:1, starttime: 12:07	
Heat: 1/2 Lane : 5 Athlete: TEAM BRABO 1							Q-time: 02:24:40	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: